



## Criteria 1

### Criterion 1 – Curricular Aspects (100)

#### Key Indicator- 1.2 Academic Flexibility (30)

1.2.1 Number of Certificate/Value added courses offered and online courses of MOOCs, SWAYAM, NPTEL etc. (where the students of the institution have enrolled and successfully completed during the last five years)

## A Certificate Courses Conducted

### LIST OF COURSES

#### AY 2018-19

Sr. No	List of the Certificate Course conducted
1	AY 2018-2019 <ul style="list-style-type: none"><li>Autodesk Revit for Architecture and Design</li><li>Yoga And Meditation</li></ul>



  
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**Pravara Rural Education Society's**  
**PRAVARA RURAL COLLEGE OF ARCHITECTURE**  
At/Post-Loni Kd, Tal : Rahata, Dist : Ahmednagar, M.S. - 413736  
Tel : (02422) – 274295/96 Email:- [principalprca@yahoo.co.in](mailto:principalprca@yahoo.co.in) -  
Affiliated to Savitribai Phule Pune University (SPPU, Pune)  
(Id No.PU/AN/ARCH,51./1996)



Date: 28.05.2018

To,  
Principal  
Pravara Rural College of Architecture  
Loni.

Sub: - Permission to conduct Autodesk Revit Certificate course

Respected Sir,

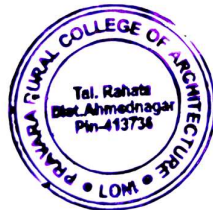
With reference to above cited subject, I Ar. Surendra Pawar would like to request you allow me to conduct a certificate course on Autodesk Revit in Architecture and Design. The students of 3<sup>rd</sup> and 4<sup>th</sup> year need to present their Architectural Design submission in with rendered views and section elevation in and as per university syllabus they are supposed to do the same using relevant software. Students have discussed the issue of learning Revit with the faculty.

I would like to take the responsibility for conducting the Revit certificate course. Further, if you permit, I would prepare the syllabus for the same and send for your kind approval.

Yours Faithfully,

Ar. Surendra Pawar

Approved.



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**Pravara Rural Education Society's  
Pravara Rural College Of Architecture, Loni**

# **Revit Architecture Course**

Total Duration: 30 Hours

## **Introduction**

The leap into three dimensions requires many changes in thinking and drawing habits for those who are used to 2D drawing. This course introduces the concepts and methods of 3D modeling in Autodesk Revit Architecture. The course gives a thorough grounding in 3D fundamentals and explores the main features of Autodesk Revit's 3D environment.

## **Objective**

- To enhance the computing skills of the students
- 3d modeling
- 2d drawing

## **Course syllabus:-**

### **Module 1: Introduction**

- Building Information Modelling
- Revit Architecture
- History
- Features
- Revit File Types
- Exploring User Interface
- Building Elements
- Start a New Project

### **Module 2: To Start a Project**

- Drawing Aids
- Project Units
- Levels
- Adding Levels
- Modifying Levels
- Creating New Level Element Type
- Constrain Level lines
- Remove Constrains
- Remove Level lines
- Drawing a plan as per Dimension
- Walls
- Location Line
- Creating Walls
- Tips for Creating Wall
- Practice: Hands On

### **Module 3: More in Detail – Wall**

- Compound Structure
- Wall joins
- Wall Layer Wrappings
- Vertically Compound Walls



- Layer Assignment Guidelines
- Sweeps and Reveals
- Wall Shapes and Openings
- Stacked Wall
- Guidelines for Vertically Stacked Walls
- Construction Modeling Tool
- Parts
- Assemblies
- Working with Grids
- Practice: Hands On

#### **Module 4: Modify Tools**

- Move
- Copy
- Paste
- Create Similar
- Rotate
- Mirror
- Array
- Scale
- Split Element
- Trim
- Align
- Offset
- Pin
- Unpin
- Delete
- Door
- Window
- Match Type
- Tape Measure
- Keyboard Shortcuts
- Visual Styles
- Practice: Hands On

#### **Module 5: Dimensions**

- Temporary Dimensions
- Permanent Dimension
- Creating Custom Dimension Type
- Modify Dimensions
- Constrains

#### **Module 6: Floor**

- Adding Floor
- Editing Floor Sketch
- Sloped Floor
- Floor Slab Edges

#### **Module 7: Ceiling**

- Creating Ceiling
- Practice: Hands On



## **Module 8: Roof**

- Roof by Footprint
- Roof by Extrusion
- Shape editing for Floors and Roofs
- Join/Unjoin Roof
- Roof Soffit
- Roof Fascia
- Roof Gutter
- Opening
- Opening on Face and Vertical opening
- Shaft Opening
- Wall Opening
- Dormer Opening
- Practice: Hands On

## **Module 9: Components**

- Placing Component
- Rehosting
- Work plane based and Face based Placement
- Working with Modern Medium Library
- Managing Views
- Floor plan views
- Ceiling plan view
- View properties
- View Range
- Plan Region
- Elevation view
- Cut a view by Far Clip Plane
- Section View
- Creating Section head

## **Module 10: 3D views**

- Cropping a View
- Visibility or Graphics Display
- Specifying Element Category Visibility
- Overriding Graphics Display of Element
- Category
- Overriding Visibility and Graphics Display
- Individual Elements
- View Templates
- Filter
- Practice: Hands On

## **Module 11: Curtain wall**

- Creating Curtain Wall
- Curtain Grids
- Mullions
- Reshaping Curtain Wall Panels
- Merging Curtain Grids
- Adding Curtain Door Panel
- Embedded Walls



## Module 12: Stairs

- Creating Stairs
- Creating Stair by sketching Runs
- Creating Stair by sketching Boundary and Riser
- Spiral Staircase
- Stair Calculator
- Specifying Railing Types for New Stairs
- Modifying Stair
- Ramp
- Railings
- Adding Railing
- Modifying Rail Structure
- Modifying Rail Joins
- Practice: Hands On

Text

Model Text

Tag

Callout Views

Detailing

Creating Detail View

Drafting View

Inserting Detail Component

## Module 13: Printing

- Print Setup Print Preview
- Practice: Add sheet along with title block
- Prepare Approval Plan

Prepared By: Ar.Surendra Pawar– Design Chair

Checked By: Ar.Anurag C. Doshi – Associate Professor

**Principal**

**Ar. Pradip Balote**



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LOKNETE DR. BALASAHEB VIKHE PATIL  
(PADMA BHUSHAN AWARDEE)  
PRAVARA RURAL EDUCATION SOCIETY'S  
**PRAVARA RURAL COLLEGE  
OF ARCHITECTURE**  
**LONI**

# PRAVARA RURAL COLLEGE OF ARCHITECTURE, LONI



*Join*  
**CERTIFICATE  
COURSE  
OF "REVIT"**

**DATE**



**TIME**

02.07.2018

4:00pm to 5:30pm

**MORE  
INFORMATION**

Contact : Prof. Surendra Pawar

	<p style="text-align: center;"><b>Pravara Rural Education Society's</b> <b>PRAVARA RURAL COLLEGE OF ARCHITECTURE</b> At/Post-Loni Kd, Tal : Rahata,Dist : Ahmednagar, M.S. - 413736 Tel : (02422) – 274295/96 <a href="mailto:principalprca@redifmail.com">Email:- principalprca@redifmail.com</a> Affiliated to Savitribai Phule Pune University (SPPU, Pune) (Id No.PU/AN/ARCH,51./1996)</p>	
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PRCA/ 2018-19/

Date –20/06/2018

## NOTICE

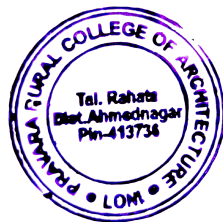
All the students of Pravara Rural College of Architecture, Loni are hereby informed that we are conducting a **Revit Course** dated from 2<sup>nd</sup> to 31<sup>st</sup> July 2018 in our college computer lab at 4:00pm-5:30pm. Those who wish to join shall register with your class representative before 25th June 2018.



**Ar. Pradip Balote**

**Principal**

**P.R.C.A, Loni**



  
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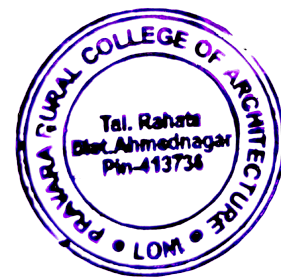
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PRAVARA RURAL COLLEGE OF ARCHITECTURE, LONI

Attendance sheet of REVIT COURSE-2018-19

Third Year 2018-19

ROL L NO	NAME OF THE STUDENT	3-Jul-2018	4-Jul-2018	5-Jul-2018	6-Jul-2018	9-Jul-2018	10-Jul-2018	11-Jul-2018	12-Jul-2018	13-Jul-2018	14-Jul-2018	16-Jul-2018	17-Jul-2018	18-Jul-2018	19-Jul-2018	20-Jul-2018	23-Jul-2018	24-Jul-2018	25-Jul-2018	26-Jul-2018	27-Jul-2018	Toatal Attendance	STUDENT SIGNATURE
1	AGRAWAL VARUN SANTOSH	P	A	P	P	P	A	P	A	P	A	P	P	A	P	P	P	A	P	P	A	13	Varun
2	ANAP AKSHAYA BHIKAJI	P	P	P	P	A	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	18	Akshaya
3	BADADE VAISHNAVI HEMANT	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	20	Valshnavi
4	BARAVKAR OMKAR SUNIL	A	A	P	P	P	P	A	P	P	P	P	P	P	P	P	P	A	P	P	P	16	Omkar
5	BHAGWAT SHRUTI BHARATBHUSHAN	P	P	A	P	P	P	A	P	P	A	P	A	A	P	P	A	P	P	P	P	14	Shruti
6	BHOKNAL PRERNA SANDEEP	A	P	P	P	P	P	P	P	P	P	P	P	A	P	P	P	P	P	P	P	18	Prerna
7	CHIKHALE POONAM SHRIKRISHNA	P	P	P	A	P	P	P	P	A	A	P	P	P	P	P	P	A	P	P	P	16	Poonam
8	DAWKHARE AMAN VINOD	P	P	P	P	A	P	P	P	P	P	P	P	P	A	P	P	P	P	P	P	18	Aman
9	DESHMUKH ADITI MANIKRAO	P	P	P	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	19	Aditi
10	DESHMUKH ANUJA RAJENDRA	A	P	P	P	P	P	P	P	P	P	P	P	P	A	P	A	P	P	P	P	17	Anuja
11	DESHMUKH ARCHANA RAJENDRA	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	A	18	Archana
12	DHARAM HRUTIKA RAVINDRA	P	A	P	A	P	P	P	P	P	P	P	P	P	A	P	A	P	P	P	P	16	Hrutika
13	DHOKARE SUSHMA SURESH	P	P	A	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	18	Sushma
14	GADGE SHANTANU SURESH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	A	P	P	A	A	17	Shantanu
15	GANESH RAJKUMAR LAXMANRAO	P	P	P	P	P	A	P	P	P	P	P	P	P	P	A	P	A	P	P	P	17	Rajkumar
16	GHOHARE VAISHNAVI GOKUL	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	A	P	18	Gohary
17	GHORPADE SAILEE SANJAY	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	A	A	P	P	A	16	Ghorpade
18	JADHAV KAJAL PRABHAKAR	A	P	A	P	P	A	P	P	P	P	P	P	P	P	A	P	P	P	P	P	16	Kajal
19	JAGTAP PRANJAL SUNIL	P	A	P	A	P	P	P	P	P	P	P	P	P	A	A	A	P	P	A	P	15	Pranjali



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20	KALE AISHWARYA VIJAY	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	16	Aishwarya	
21	KANKUBJI APURVA TULSIDAS	P	A	P	P	P	P	A	P	A	P	P	P	A	P	P	P	P	16	Apurva
22	KELA SANKET PRAKASH	A	P	P	A	P	P	P	P	P	P	P	P	P	P	A	P	P	17	Sanket
23	MALI SUPRIYA MINANATH	P	P	P	P	P	A	P	P	P	P	P	P	P	A	P	P	P	18	Supriya
24	MOHOLE PRATHAMESH PRASHANT	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	A	P	18	Prathamesh
25	NAGARE SHRADDHA BABAN	A	A	P	A	P	P	A	P	P	A	P	P	P	P	P	A	P	14	Shraddha
26	PATEL MAYUR NARENDRA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	A	P	P	19	Mayur
27	PATIL HITESH DINESH	P	P	P	P	P	P	P	P	P	P	P	P	P	A	P	P	P	18	Hitesh
28	PAWAR GITESH MAHADEO	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	19	Gitesh
29	RATHI RAMITA RAJESH	P	P	P	P	A	P	P	P	P	A	P	P	P	A	P	P	P	16	Ramita
30	RENGHE DISHA JAYANT	P	P	A	P	P	P	P	P	P	P	P	P	P	A	P	P	P	18	Disha
31	RUSHAL SHANTANU NAIK	P	P	P	P	P	P	P	P	P	P	A	P	P	A	P	P	P	18	Rushal
32	SANGALE JANHAVI RAMCHANDRA	P	P	A	P	P	P	P	P	P	P	P	P	P	A	P	P	P	17	Janhavi
33	SHINDE PRATIKSHA SHIVARAJ	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	19	Pratiksha
34	SHIRSATH RUTUJA SUNIL	P	P	A	P	P	P	P	A	P	P	P	P	P	P	P	P	P	18	Rutuja
35	ALAI SHUBHAM RAMESH	P	P	P	P	P	P	P	P	P	P	P	P	P	A	P	P	P	19	Shubham
36	GHOHARE VIVEK DATTATRAY	P	P	P	P	P	P	P	P	A	P	P	P	P	A	P	P	P	18	Vivek
37	WADNERE ADITI VINOD	P	P	P	P	P	P	P	A	P	P	P	P	P	A	P	P	P	17	Aditi
38	SINGH ABHISHEK ASHOK	P	P	A	P	P	P	P	A	P	P	P	P	P	P	A	P	P	16	Abhishek
39	INDORE AKASH SHANTARAM	A	P	A	P	P	P	A	P	P	P	P	P	P	P	P	P	P	18	Akash
40	AUTI PRAGATI SUBHASH	P	P	A	P	P	P	A	P	P	P	P	P	P	P	A	P	P	17	Pragati
41	BARASKAR SAYALI RAMESH	P	A	P	P	A	P	P	P	P	P	P	P	P	P	A	P	P	17	Sayali
42	BHANGARE SMITA RAMESH	A	P	P	P	P	P	P	P	P	P	P	P	P	P	A	P	P	18	Smita
43	BORSE SHRIKANT BHAIYASAHEB	A	P	A	P	A	P	A	P	P	P	P	P	P	P	A	P	P	14	Shrikant
44	DALVI PRATIKSHA PRAKASH	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	18	Pratiksha
45	DESHMUKH VIRAJ MADHAVRAO	P	P	P	P	A	P	A	P	P	P	P	P	P	P	P	P	P	18	Viraj
46	DHARMADHIKARI SAMRUDDHI	P	P	A	P	P	P	A	P	P	P	P	A	P	P	P	P	P	17	Samruddhi
47	GADEKAR SHIVANI SANJAY	P	P	A	P	P	P	A	P	P	P	P	A	P	A	P	P	P	16	Shivani
48	GULVE GANESH MANOHAR	P	P	P	P	P	P	P	P	P	P	P	A	P	A	P	P	P	18	Ganesh
49	JADHAV BHUSHAN DADASAHEB	P	P	P	P	P	P	P	P	P	P	P	P	A	P	P	P	P	19	Bhushan



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50	JANGADA KHUSHBU PRAMOD	P	P	P	P	P	P	P	A	P	P	P	A	P	P	A	P	P	P	16	Khushbu
51	JOSHI VAISHNAVI PRASHANT	A	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	16	
52	KADAM VAISHNAVI PRAMOD	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	18	Vaishnavi Joshi
53	KALE PRERANA PUNJAHARI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	17	Prerana Kale
54	KALYANI SOURABH DILIP	A	P	A	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	17	Sourabh Kalyani
55	KATTE AISHWARYA SHIVAJI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	17	Aishwarya Katte
56	KHARDE KALYANI RAMESH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	19	Kalyani Kharde
57	KOTKAR OMKAR TANAJI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	18	Omkar Kotkar
58	KULKARNI MANASI MILIND	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	17	Manasi Kulkarni
59	MAHALE NIKITA MANOJ	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	15	Nikita Mahale
60	MANE DEEPAK DINKAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	13	Deepak Mane
61	NADHE AKANKSHA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	17	Akanksha Nadhe
62	PADWAL ATHARVA NAMDEV	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	17	Atharva Padwal
63	PAGARE VINAYAK SUBHASH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	17	Vinayak Pagare
64	PANDHARE NILIMA PRALHAD	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	17	Nilima Pandhare
65	SHINDE SWAPNIL BALASAHEB	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	19	Swapnil Shinde
66	SHIRSATH PRANJAL RAJENDRA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	19	Pranjal Shirasath
67	CHAWALA SIMRAN KAMAL	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	18	Simran Chawala
68	SABALE SUDARSHAN DILIP	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	16	Sudarshan Sabale
69	SAKSHI RAMESH SWAMI	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	18	Sakshi Swami
70	THORAT SALONI NAVNATH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	18	Saloni Thorat
71	VISHWAKARMA NIKHILESH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	18	Nikhilesh Vishwakarma
72	WAGHELA BHAVIN NARESH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	18	Bhavin Waghela
73	WARULE POONAM SUNIL	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	19	Poonam Warule
74	ZAMBARE PRANITA ATUL	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	18	Pranita Zambare



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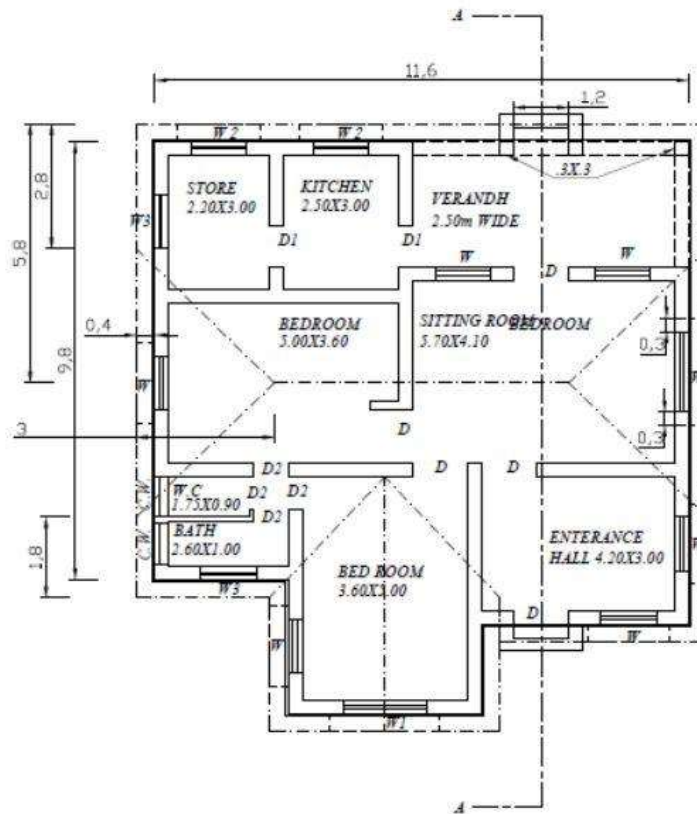
Time: 2.00 hrs

Total Marks: 50

Subject: Revit Architecture

Q.1. Draw a 3D model of given plan for residential building using Revit Tool.

50



Doors And Windows		
Name	Symbol	Size
Door1	D1	1.2m X 2.1m
Door2	D2	0.9m X 2.10m
Door3	D3	0.75m X 2.1m
Window1	W	1.20m X1.20m
Window2	W1	1.80m X 1.20m
Window3	W3	1.20m X 0.50m
Lovered	C.W.	0.75m X 0.50m

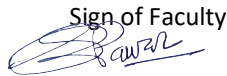


*[Signature]*  
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PRAVARA RURAL EDUCATION SOCIETY'S			
PRAVARA RURAL COLLEGE OF ARCHITECTURE, LONI			
Evaluation sheet of REVIT COURSE-2018-19			
Third Year & Fourth Year			
ROLL NO	NAME OF THE STUDENT	Total Marks	Marks obtained
1	AGRAWAL VARUN SANTOSH	50	38
2	ANAP AKSHAYA BHIKAJI	50	40
3	BADADE VAISHNAVI HEMANT	50	40
4	BARAVKAR OMKAR SUNIL	50	46
5	BHAGWAT SHRUTI BHARATBHUSHAN	50	36
6	BHOKNAL PRERNA SANDEEP	50	44
7	CHIKHALE POONAM SHRIKRISHNA	50	40
8	DAWKHARE AMAN VINOD	50	38
9	DESHMUKH ADITI MANIKRAO	50	42
10	DESHMUKH ANUJA RAJENDRA	50	40
11	DESHMUKH ARCHANA RAJENDRA	50	40
12	DHARAM HRUTIKA RAVINDRA	50	40
13	DHOKARE SUSHMA SURESH	50	44
14	GADGE SHANTANU SURESH	50	40
15	GANESH RAJKUMAR LAXMANRAO	50	40
16	GHOHARE VAISHNAVI GOKUL	50	46
17	GHORPADE SAILEE SANJAY	50	44
18	JADHAV KAJAL PRABHAKAR	50	46
19	JAGTAP PRANJAL SUNIL	50	46
20	KALE AISHWARYA VIJAY	50	42
21	KANKUBJI APURVA TULSIDAS	50	40
22	KELA SANKET PRAKASH	50	40
23	MALI SUPRIYA MINANATH	50	44
24	MOHOLE PRATHAMESH PRASHANT	50	42
25	NAGARE SHRADDHA BABAN	50	46
26	PATEL MAYUR NARENDRA	50	44
27	PATIL HITESH DINESH	50	40
28	PAWAR GITESH MAHADEO	50	40
29	RATHI RAMITA RAJESH	50	40
30	RENGHE DISHA JAYANT	50	44
31	RUSHAL SHANTANU NAIK	50	44
32	SANGALE JANHAVI RAMCHANDRA	50	46
33	SHINDE PRATIKSHA SHIVARAJ	50	46
34	SHIRSATH RUTUJA SUNIL	50	46
35	ALAI SHUBHAM RAMESH	50	44
36	GHOHARE VIVEK DATTATRAY	50	46
37	WADNERE ADITI VINOD	50	46
38	SINGH ABHISHEK ASHOK	50	46



39	INDORE AKASH SHANTARAM	50	44
40	AUTI PRAGATI SUBHASH	50	40
41	BARASKAR SAYALI RAMESH	50	46
42	BHANGARE SMITA RAMESH	50	40
43	BORSE SHRIKANT BHAIYASAHEB	50	44
44	DALVI PRATIKSHA PRAKASH	50	44
45	DESHMUKH VIRAJ MADHAVRAO	50	40
46	DHARMADHIKARI SAMRUDDHI SATISH	50	40
47	GADEKAR SHIVANI SANJAY	50	40
48	GULVE GANESH MANOHAR	50	40
49	JADHAV BHUSHAN DADASAHEB	50	40
50	JANGADA KHUSHBU PRAMOD	50	40
51	JOSHI VAISHNAVI PRASHANT	50	40
52	KADAM VAISHNAVI PRAMOD	50	40
53	KALE PRERANA PUNJAHARI	50	46
54	KALYANI SOURABH DILIP	50	44
55	KATTE AISHWARYA SHIVAJI	50	44
56	KHARDE KALYANI RAMESH	50	44
57	KOTKAR OMKAR TANAJI	50	46
58	KULKARNI MANASI MILIND	50	42
59	MAHALE NIKITA MANOJ	50	40
60	MANE DEEPAK DINKAR	50	46
61	NADHE AKANKSHA OMKARESHWAR	50	46
62	PADWAL ATHARVA NAMDEV	50	40
63	PAGARE VINAYAK SUBHASH	50	44
64	PANDHARE NILIMA PRALHAD	50	44
65	SHINDE SWAPNIL BALASAHEB	50	38
66	SHIRSATH PRANJAL RAJENDRA	50	46
67	CHAWALA SIMRAN KAMAL	50	40
68	SABALE SUDARSHAN DILIP	50	42
69	SAKSHI RAMESH SWAMI	50	42
70	THORAT SALONI NAVNATH	50	46
71	VISHWAKARMA NIKHILESH RAMBACHAN	50	40
72	WAGHELA BHAVIN NARESH	50	46
73	WARULE POONAM SUNIL	50	40
74	ZAMBARE PRANITA ATUL	50	38

Sign of Faculty  




  
**PRINCIPAL**  
**Pravara Rural College of**  
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LOKNETE. DR. BALASAHEB VIKHE PATIL  
(PADMA BHUSHAN AWARDEE)  
PRAVARA RURAL EDUCATION SOCIETY

**PRAVARA RURAL COLLEGE OF ARCHITECTURE**

**LONI**

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AUTODESK REVIT FOR ARCHITECTURE & DESIGN  
Academic Year 2018-19**

**CERTIFICATE**

This certificate is presented to

**AGRAWAL VARUN SANTOSH**

for having successfully completed the training of

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Conducted by Pravara Rural College of Architecture, Loni, District- Ahmednagar, Maharashtra State (IN)



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*Join the*  
**Certificate course of  
Yoga & Meditation**



**STARTING  
FROM**

04.01.2019

**Contact**

Prof. Nilima Mulay



**PRAVARA RURAL COLLEGE OF  
ARCHITECTURE, LONI**



**LOKNETE DR. BALASAHEB VIKHE PATIL  
(PADMA BHUSHAN AWARDEE)  
PRAVARA RURAL EDUCATION SOCIETY'S  
PRAVARA RURAL COLLEGE  
OF ARCHITECTURE  
LONI**



Pravara Rural Education Society's  
**PRAVARA RURAL COLLEGE OF ARCHITECTURE**  
At/Post-Loni Kd, Tal : Rahata,Dist : Ahmednagar, M.S. - 413736  
Tel : (02422) – 274295/96 Email:- [principalprca@yahoo.co.in](mailto:principalprca@yahoo.co.in) -  
Affiliated to Savitribai Phule Pune University (SPPU, Pune)  
(Id No.PU/AN/ARCH,51./1996)



Date: 10.12.2018

To,  
Principal  
Pravara Rural College of Architecture  
Loni.

Sub: - Permission to conduct Yoga and Meditation Certificate course

Respected Madam,

With reference to above cited subject, I Ar. Nilima Muley would like to request you allow me to conduct a certificate course on Yoga and Meditation. Performing yoga has many benefits like improved concentration, posture, muscle tone, sleep and immunity. Meditation also leads to self-actualization, social adjustment. Meditation and yoga also decrease anxiety and, depression. This course will help students to deal with academic and stress related issues.

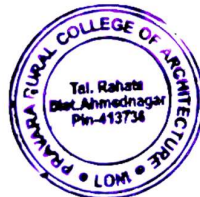
I would like to take the responsibility for conducting the Yoga and Meditation certificate course. Further, if you permit, I would prepare the syllabus for the same and send for your kind approval.

Yours Faithfully,

*Nilima*

Ar. Nilima Muley

Approved.



*Rajeshwari*  
PRINCIPAL  
Pravara Rural College of  
Architecture, Loni

**Pravara Rural Education Society's  
Pravara Rural College Of Architecture, Loni  
YOGA AND MEDITATION SYLLABUS**

Total Duration: 30 Hours

### **Introduction**

Performing yoga has many benefits like improved concentration, posture, muscle tone, sleep and immunity. Meditation also leads to self-actualization, social adjustment. Meditation and yoga also decreases anxiety, depression. This course will help students to deal with academic and stress related issues.

### **Objective**

To develop the interest of the students towards fitness and health.

### **Course syllabus:-**

#### **Module 1: Introduction to yoga and practice**

- Introduction
- Relevance of Yoga in health
- Basic principles of Yoga & Yoga practice
- Physiology of Yoga

#### **Module 2: Yoga & Surya Namaskar**

- Selected Yogic Sukshma/Sthula vyayama
- Surya Namaskar.
- Asanas in standing /seating position
- Asanas in sleeping position

#### **Module 3: Pranayama**

- Mechanism of Correct breathing
- Concept of Puraka,Rechaka,Kumbhak
- Nadi-Shodhan Pranayama & Bhramari Pranayama

Prepared By: Ar. Nilima Mulay – Assistant Professor

Checked By: Ar. Pankaj N. Bankar – Assistant Professor



*Rajeshwari Jagtap*  
**PRINCIPAL**  
Pravara Rural College of  
Architecture, Loni

**Principal**

**Ar. Rajeshwari Jagtap**

PRAVARA RURAL EDUCATION SOCIETY'S  
PRAVARA RURAL COLLEGE OF ARCHITECTURE, LONI

Yoga and Meditation Attendance list (2018-2019)

Sr.No	Name of students	4-Jan-2019	7-Jan-2019	8-Jan-2019	9-Jan-2019	10-Jan-2019	11-Jan-2019	12-Jan-2019	14-Jan-2019	15-Jan-2019	16-Jan-2019	17-Jan-2019	18-Jan-2019	21-Jan-2019	22-Jan-2019	23-Jan-2019	24-Jan-2019	25-Jan-2019	27-Jan-2019	28-Jan-2019	29-Jan-2019	SIGN	
1.	Aher Apeksha Mahesh	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Aher	
2.	Deshmukh Siddhi sunil	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	S. Reshma
3.	Dumbre Nishigandha Samir	P	P	A	P	P	P	P	P	P	P	P	P	P	A	P	P	P	P	P	P	P	IDur
4.	Gadhe Sanskar Rajendra.	P	P	P	P	P	P	A	P	P	P	P	P	P	A	P	P	P	P	P	P	P	Gadhe
5.	Gagare Atharv Babasaheb	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Atharv
6.	Gaikwad Mayur Bhausaheb	P	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	A	P	P	P	Mayur
7.	Gharate Ruchita Sharad	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Ruchita
8.	Ghumare Shubham Anna	P	P	P	P	P	P	P	P	P	P	P	P	P	A	P	P	P	P	P	P	P	Shubham
9.	Gulave Anisha Babasaheb	A	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Anisha
10.	Inamdar Dhavalsinh Vijaysinh	P	P	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	Dhavalsinh
11.	Kharde Ritanshu Dilip	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Ritanshu
12.	Kharmale Sakshi Ramesh	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	A	P	P	P	P	P	Sakshi
13.	Khose Akash Amol	P	P	P	P	P	P	P	A	P	P	P	P	P	A	R	P	P	P	P	P	P	Akash
14.	Kokate Shrutika Sunilrao	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	A	P	P	P	P	P	Shrutika
15.	Kotkar Shwetali Jalindar	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Shwetali
16.	Lohalkar Pratik Dipak	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Pratik
17.	Mande Tushar Dilip	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Tushar
18.	Narwade Priti Sunil	P	P	P	P	P	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	Priti
19.	Pakhale Pranav Sunil	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Pranav
20.	Patil Jinal Jitendra	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Jinal
21.	Rahatekar Revati Mahesh	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Revati
22.	Rindhe Aditi Digambar	P	P	P	A	P	P	P	P	P	P	P	P	P	A	P	P	P	P	A	P	P	Aditi
23.	Shinde Aparna Khandu	P	P	P	P	P	P	P	P	P	P	P	A	P	P	A	P	P	P	P	P	P	Aparna
24.	Shinde Ganesh Laxman	P	P	P	P	P	P	P	P	P	P	P	P	P	A	P	P	P	P	P	P	P	Ganesh
25.	Singharay Gourav Parimal	P	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Gourav
26.	Sonawane Hitesh Sopan	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	A	P	P	P	P	P	Hitesh
27.	Tilekar Ishwari Avinash	A	P	P	P	P	P	P	P	P	P	P	P	P	P	A	P	P	P	P	P	P	Ishwari
28.	Varal Karan Rajesh	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Karan
29.	Wakchaure Janhavi Chandrasen	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Janhavi
30.	Chepte Ashok Sudam	P	P	P	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Ashok
31.	Deshmukh Sai Anantrao	P	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Sai
32.	Dighe Samruddhi Sahebrao	P	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Samruddhi
33.	Duche Shivani Rajendra	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	Shivani
	Signature Of Class Teacher																						
	<i>Nilima</i>																						



*[Signature]*  
PRINCIPAL  
Pravara Rural College of  
Architecture, Loni



LOKNETE. DR. BALASAHEB VIKHE PATIL  
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*Deshmukh Siddhi sunil*

for successfully completing the training of

**YOGA AND MEDITATION**

Conducted by Pravara Rural College of Architecture, Loni, District-Ahemdnagar, Maharashtra State (IN)



*Rajeshwari*

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